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Guardians of Being The Power of Now Speaking of Faith The Leap A New Earth Oneness with All Life Parenting with Presence Milton's Secret The Gift of Nothing Eckhart Tolle's Findhorn Retreat Stillness Speaks Letting Go of Nothing Practicing the Power of Now Guardians of Being Eckhart Tolle Practicing the Power of Now The Back in Time Tarot Book The Power of Now Journal Stillness Speaks The Heart of the Buddha's Teaching Oneness with All Life The Power of Now by Eckhart Tolle - A 15-minute Instaread Summary Peace in the Present Moment Mystics, Masters, Saints, and Sages Darling, I Love You Getting It Eckhart Tolle and Idiocracy SUMMARY - Stillness Speaks By Eckhart Tolle The Angel Hunter The

Power of Now by Eckhart Tolle The Calm Center Discovery of the Presence of God The Universal Christ 10 Books that Screwed Up the World Eckhart Tolle Practising the Power of Now A New Earth Voluntary Simplicity Second Revised Edition The Art of Stillness The Power of Now in 30 Minutes - The Expert Guide to Eckhart Tolle's Critically Acclaimed Book

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A follow up to Pico Iyer's essay "The Joy of Quiet," *The Art of Stillness* considers the unexpected adventure of staying put and reveals a counterintuitive truth: The more ways we have to connect, the more we seem desperate to

unplug. Why might a lifelong traveler like Pico Iyer, who has journeyed from Easter Island to Ethiopia, Cuba to Kathmandu, think that sitting quietly in a room might be the ultimate adventure? Because in our madly accelerating world, our lives are crowded, chaotic and noisy. There's never been a greater need to slow down, tune out and give ourselves permission to be still. In *The Art of Stillness*—a TED Books release—Iyer investigate the lives of people who have made a life seeking stillness: from Matthieu Ricard, a Frenchman with a PhD in molecular biology who left a promising scientific career to become a Tibetan monk, to revered singer-songwriter Leonard Cohen, who traded the pleasures of the senses for several years of living the near-silent life of meditation as a Zen monk. Iyer also draws on his own experiences as a travel writer to explore why advances in technology are making us more likely to retreat. He reflects that this is perhaps the reason why many people—even

those with no religious commitment—seem to be turning to yoga, or meditation, or seeking silent retreats. These aren't New Age fads so much as ways to rediscover the wisdom of an earlier age. Growing trends like observing an "Internet Sabbath"—turning off online connections from Friday night to Monday morning—highlight how increasingly desperate many of us are to unplug and bring stillness into our lives. *The Art of Stillness* paints a picture of why so many—from Marcel Proust to Mahatma Gandhi to Emily Dickinson—have found richness in stillness. Ultimately, Iyer shows that, in this age of constant movement and connectedness, perhaps staying in one place is a more exciting prospect, and a greater necessity than ever before. In 2013, Pico Iyer gave a blockbuster TED Talk. This lyrical and inspiring book expands on a new idea, offering a way forward for all those feeling affected by the frenetic pace of our modern world. *New York Times*

bestselling author Eckhart Tolle — A key to happiness is living in the now *Practice The Power of Now: If you, like many others, have benefited from the transformative experience of reading The Power of Now, you will want to own and read Practicing the Power of Now. Eckhart Tolle: Eckhart Tolle, a spiritual teacher and author who was born in Germany and educated at the Universities of London and Cambridge, is rapidly emerging as one of the world's most inspiring spiritual teachers. His views go beyond any particular religion, doctrine, or guru. In The Power of Now and his subsequent book Practicing the Power of Now, Eckhart shares the enlightenment he himself experienced after a profound inner transformation radically changed the course of his life. Your path to enlightenment: Practicing the Power of Now extracts the essence from Eckhart's teachings in his New York Times bestseller, The Power of Now (translated into 33 languages). Practicing the*

Power of Now shows us how to free ourselves from “enslavement to the mind.” The aim is to be able to enter into and sustain an awakened state of consciousness throughout everyday life. Through meditations and simple techniques, Eckhart shows us how to quiet our thoughts, see the world in the present moment, and find a path to “a life of grace, ease, and lightness.” The next step in human evolution: Eckhart’s profound yet simple teachings have already helped countless people throughout the world find inner peace and greater fulfillment in their lives. At the core of the teachings lies the transformation of consciousness, a spiritual awakening that he sees as the next step in human evolution. An essential aspect of this awakening involves transcending our ego-based state of consciousness. This is a prerequisite not only for personal happiness but also for the ending of violence on our planet. Readers of other transformational self-help

books such as The Four Agreements, The Miracle Morning, Braving the Wilderness, and The Book of Joy will want to read Practicing the Power of Now. PLEASE NOTE: This is a summary of the book and NOT the original book. The Power of Now by Eckhart Tolle - A 15-minute Instaread Summary Inside this Instaread Summary: • Overview of the entire book • Introduction to the important people in the book • Summary and analysis of all the chapters in the book • Key Takeaways of the book • A Reader's Perspective Preview of this summary: Chapter 1 Enlightenment, a feeling of awareness, peace, and joy, comes from within a person, not from outside sources. Enlightenment is an end to suffering and a feeling of connection to a person’s own true self and to the world. Enlightenment is being aware of a person’s own deepest self or Being. People have difficulty experiencing Being because of their identification with their own minds. Their own thoughts

keep them from finding the stillness needed to experience Being. When people identify with their thoughts, it blocks their relationships with others, nature, and God. Those who can observe themselves thinking realize that they are not their mind and that all things of importance, such as beauty, joy, love, and inner peace, come from beyond the mind. This state of consciousness is achieved when people feel their own presence beyond their thoughts, emotions, and physical bodies. Another way to experience enlightenment is to focus all attention on the now, the present moment. The ego, or false self, barely notices the present moment. To the ego, only the past and the future are important. Emotions are thoughts that are felt in the body. To reach full consciousness, people need to be able to see their emotions as separate from themselves... Eckhart Tolle, the bestselling author of 'The Power of Now', brings insights into the power of stillness and shows us how

to become our true selves by embracing silence. The sixth book in a progressive series by Dr. David R. Hawkins, this work finalizes and further clarifies the true nature and core of the condition termed "Enlightenment." It is primarily an instruction manual for the serious spiritual devotee and reveals information only known by those who have transcended the ego to reach Divine Realization. This is the inner route from the self to the Self, and the descriptions of the progressive states are devoted to the reader's own illumination. This work will appeal to those who themselves are dedicated to the spiritual Reality of Truth as the direct pathway to God. "Eckhart Tolle101 Greatest Life Lessons and Quotes from Eckhart TolleLearn some of life's most meaningful, and yet elusive lessons to increase health and happiness on every level of your being!According to research conducted by Watkins Bookshop, the oldest esoteric bookshop in the UK, Eckhart Tolle has been found

to be the most spiritually influential person living in the world today. There is no need for you to spend hours, weeks, or years, searching for all the life-changing material offered by this beloved author and teacher. Instead, you can quickly learn the most profound information in the pages of "Eckhart Tolle: 101 Greatest Life Lessons and Quotes from Eckhart Tolle." Along with learning some of the most rewarding lessons in life, you will enjoy a complete collection of Eckhart Tolle's most popular quotes. These quotes will help you remember what is most important about life and create motivation and inspiration for every aspect of your life's journeys. Here is a preview of what you'll learn: How to finally be able to make some of life's hardest decisions, quickly and easily How to improve your health How to increase your happiness How to improve your relationships How to live a better life at home, work and at play How to decrease stress, worries and other painful

emotions How to gain peace, joy and lasting fulfillment I sometimes call animals - dogs and cats particularly - guardians of being. Dogs fill a vital function in the collective consciousness of humanity... they show us what we have lost and, once we realise that, they can help us in our shift into a deeper state of consciousness. Eckhart Tolle From bestselling author and visionary Eckhart Tolle comes this wonderful, enlightening and inspiring work on the importance of dogs and cats not just as pets, but as guides, guardians and beloved friends. Richly illustrated by Patrick McDonnell, creator of Mutts, Guardians of Being shows us that not only can we rely on our pets to help us, but that though their partnership, we can gain a deeper understanding of the universe and its love, as well as ourselves. Through this extraordinary exploration of our relationship with animals, Tolle demonstrates that our relationship with the animals we know and care for is not simply a bond of love, but a

spiritual one too, transcending words to form an uplifting, enlightening experience.

Eckhart Tolle 55 Life Changing Lessons, Teachings And Inspirational Thoughts By Eckhart Tolle "I would do anything to be anywhere in the vicinity of Eckhart Tolle." - Jim Carrey

Eckhart Tolle is a man many of us need in our life right now. With constant wars, political back-biting and the mindless search for satisfaction online consuming our lives, finding our inner peace has become essential to our happiness - and even our sanity and survival. Spiritual teacher and author of #1 New York Times bestseller *The Power of Now* Eckhart Tolle doesn't attempt to deepen the mystery of what it means to be human. Instead, he simply and easily explains to us how we can ALL find our inner peace and live a life of fulfilment. In *Eckhart Tolle: 55 Life Changing Lessons*, we reveal 55 of his most powerful and simple lessons that will help you to unearth your inner transformation. Tolle's words

of wisdom are simply not be missed. Here is a preview of what you'll learn: Living for the moment Disconnecting with the past that is holding you back Giving yourself up entirely to something Finding oneness with God How to start being and stop doing Realising that you are already complete ++ Much more PLEASE NOTE: This is a summary of the book and NOT the original book. *The Power of Now* by Eckhart Tolle - A 15-minute Instaread Summary Inside this Instaread Summary: * Overview of the entire book * Introduction to the important people in the book * Summary and analysis of all the chapters in the book * Key Takeaways of the book * A Reader's Perspective Preview of this summary: Chapter 1 Enlightenment, a feeling of awareness, peace, and joy, comes from within a person, not from outside sources. Enlightenment is an end to suffering and a feeling of connection to a person's own true self and to the world. Enlightenment is being aware of a person's own deepest self

or Being. People have difficulty experiencing Being because of their identification with their own minds. Their own thoughts keep them from finding the stillness needed to experience Being. When people identify with their thoughts, it blocks their relationships with others, nature, and God. Those who can observe themselves thinking realize that they are not their mind and that all things of importance, such as beauty, joy, love, and inner peace, come from beyond the mind. This state of consciousness is achieved when people feel their own presence beyond their thoughts, emotions, and physical bodies. Another way to experience enlightenment is to focus all attention on the now, the present moment. The ego, or false self, barely notices the present moment. To the ego, only the past and the future are important. Emotions are thoughts that are felt in the body. To reach full consciousness, people need to be able to see their emotions as separate from themselves...

With poetry and clarity, Thich Nhat Hanh imparts comforting wisdom about the nature of suffering and its role in creating compassion, love, and joy - all qualities of enlightenment. "Thich Nhat Hanh shows us the connection between personal, inner peace, and peace on earth."—His Holiness the Dalai Lama In *The Heart of the Buddha's Teaching*, now revised with added material and new insights, Nhat Hanh introduces us to the core teachings of Buddhism and shows us that the Buddha's teachings are accessible and applicable to our daily lives. Covering such significant teachings as the Four Noble Truths, the Noble Eightfold Path, the Three Doors of Liberation, the Three Dharma Seals, and the Seven Factors of Awakening, *The Heart of the Buddha's Teaching* is a radiant beacon on Buddhist thought for the initiated and uninitiated alike. This beautiful journal offers a wonderful way to reflect on some of the most insightful and life-changing passages from

Tolle's brilliant book, and a place to write whatever thoughts one wishes to add. Discover the Essence of Who You Really Are These powerful meditations and poetic reflections will comfort, inspire, and gently bring you out of the hectic day-to-day and back to the bedrock of peace, and even joy, of your true, essential, and authentic self. By encouraging you to see the limitations of your everyday, conditioned personality, Steve Taylor empowers you to step outside of it so you can breathe the fresh air of freedom. His words will guide you on a journey through the landscape of wider awareness, pointing out the obstacles and landmarks along the way to enlightenment. A profound modern spiritual text with the power to transmit awakening, The Calm Center will help you open to the deepest and highest experiences of a life fully lived. * Our summary is short, simple and pragmatic. It allows you to have the essential ideas of a big book in less than 30 minutes. By reading this

summary, you will discover how to enjoy the present moment while keeping a serene mind. You will also learn : that taming silence is a first step towards wisdom; that the mind perverts the ego and vice versa; that full awareness of the present facilitates access to the essence of being; that accepting to let go opens the way to self-knowledge; that authentic relationships require listening, kindness and calm; that suffering and death give to existence an ephemeral but all the more sacred character. The true learning of wisdom is not based on words (theories, lectures, etc.) but on sensations and feelings. In other words, reflection gives way to emotion. Constructed in the image of Indian sutras, the texts of Eckhart Tolle propose simple and accessible paths for a peaceful evolution of human consciousness. Indeed, thanks to the search for calm and inner peace, each human being has the possibility to reconnect with the source of his identity. *Buy now the summary of this book for the modest price of a

cup of coffee! Harness your inner peace one step at a time with this pocket collection of nearly 200 life-changing and inspirational passages from the No. 1 bestseller and international phenomenon 'MY NO.1 GURU WILL ALWAYS BE ECKHART TOLLE' CHRIS EVANS, SUNDAY TIMES

_____ Discover the true POWER OF NOW with nearly two hundred inspirational and life-changing truths. Oneness with All Life is a portable collection of the very best inspiring passages from Eckhart Tolle's A NEW EARTH. It is for dipping into and reflecting upon, wherever you are. For turning to when you are in need of wisdom, solace or motivation. It will help everyone on their path towards inner transformation as they try to live in the moment. It is your personal guide to inner peace and wisdom. Take Oneness with All Life everywhere and discover a new you. _____ 'Essential spiritual teaching. One of the most valuable books I've ever read.' Oprah Winfrey 'An

otherworldly genius' Chris Evans 'A thought-provoking, inspirational companion to your inner journey. Dip in and find more space in your life for being' Health & Fitness Publisher's note Does Eckhart Tolle, well-known author of The Power of Now and personal development writer, present us with some kind of liberating spirituality, free from any ideology? Lucia Canovi shows us that the reality is not quite so simple. In the maze of 'Tollian' concepts (ego, Being, mind...) points of convergence are exposed, along with distortions, contradictions and a hidden coherence, which lead Tolle's disciples unwittingly towards a dumbed down state of inertia: the happiness of a contented fool. This salutary book, refreshing and humorous, will be enjoyed by those who are trying to make logical sense of the doctrines of enlightened spiritual gurus, Tolle being one of them, and will interest anyone looking for inner peace... a peace that Tolle is trying to sell at too high a price. Extract. "It is as a

former devout follower of Eckhart Tolle that I am warning you: his spiritual teachings are not a well of infinite wisdom. Or at least, if they are a well, they are not the sort of well which will quench your thirst, but merely the kind of well you drown in. Moreover, neither are they the road to enlightenment. At least, if they are the road to enlightenment, this enlightenment does not in any way resemble the rosy view we have of it. As far as I am concerned, I would rather not go there. On reading this book, you will not only get to see Tolle's work, but also what you might more generally refer to as his "spirituality", in a new light - a rational and discursive light. Instead of letting yourself be led along by undefined emotions and confused feelings, as Tolle encourages you to do, you will start to listen to your own inner voice of reason. After that, you are welcome to choose whichever view you find more convincing: either one where Tolle is a "spiritual master" of the

highest level, or one where Tolle is the very crafty author of a rather toxic best-seller. What is crucial is that you get to see both sides of the coin; that you hold enough cards to make up your own mind; in short, that you can get to see the positives and negatives. I use the word "crucial", because becoming a disciple of Eckhart Tolle is a decision which will bring in its wake a whole host of consequences, as we are just about to discover..." "This book is about the author's change from contented happiness to a new level of happiness, peace and joy brought about by reading two of Eckhart Tolle's books: *The Power of Now* and *A New Earth*"--Amazon.com. With selected quotations from *A New Earth* and *A Thousand Names for Joy*, this book combines selected wisdom from Eckhart Tolle and Byron Katie with vibrant photos of nature's most colorful gift, the flower. Conceived by photographer Michele Penn, this volume contains over forty full-color photos of flowers, linked to the core teachings of

Tolle and Katie. Each flower and corresponding quotation provide valuable insight into such key concepts as living in the moment, gratitude, nurturing the soul, and much more. The chilling abduction of her infant twins leaves Victoria Hunter in shock, her memories in shambles and those around her convinced she is suffering from postpartum psychosis. As she falls into a nightmare of grief and despair, the deeply guarded secret of her sons' destiny sends her into battle against the most terrifying adversary of all. What can Mooch the cat give Earl the dog when Earl has everything? The answer, of course, is nothing. This simple picture book story features characters from McDonnell's popular comic strip, "Mutts." Illustrations. A practical and empowering approach to the age-old quest to let go of the thoughts and feelings that block happiness, impede change, and hinder self-acceptance Anyone who has dipped a toe into any of the world's spiritual traditions

knows that letting go and letting be are key. But how? In this fresh, frank, and powerful guide, Peter Russell allows readers to see that the things we get hung up on are generally not tangible problems in the present, but are instead thoughts, feelings, interpretations, beliefs, or expectations we have about them. These are not actual things; they exist only in our minds. And we can strip these "no-things" of their power and let them go by making a simple change of mind. Russell boils this letting go down to remarkably easy methods of accepting, acknowledging, recognizing, and even befriending what we tend to run from. This paradoxical practice generates peace of mind, fresh perspectives, and wisdom in action. In turbulent times like ours, this is a true power, one available to us all. The key to happiness is simple. The Power of Now...in 30 minutes is the essential guide to quickly understanding Eckhart Tolle's profound revelations on happiness. In

The Power of Now best-selling author Eckhart Tolle boils down the wisdom of the ages into one simple concept—living in the Now. Understand the key ideas of The Power of Now in a fraction of the time, using this guide's: Concise synopsis, which examines the spiritual principles in The Power of Now In-depth analysis of the author's revelatory concepts such as the Pain-Body, living in the Now, and experiencing enlightenment Insightful background on Eckhart Tolle, and the origins of the book Extensive recommended reading list and bibliography In The Power of Now, Eckhart Tolle shares his life-changing spiritual awakening and the power the enlightenment gave him over his life. Drawing on his years as a counselor and spiritual teacher to present his ideas, Tolle reflects upon various teachings from the Buddha, Christ, and other early philosophers. Tolle impresses upon his readers that they have the power to bring about great positive change in their lives by learning how to live in the

Now. With an accessible question-and-answer format, The Power of Now gently persuades the reader toward a new, enlightened way of approaching life. A manual for achieving fulfillment, The Power of Now explains how quieting thoughts, emptying the mind, and being present and aware at all times can lead to inner solitude, joy, and peace. About the 30 Minute Expert Series Offering a concise exploration of a book's ideas, history, application, and critical reception, each text in the 30 Minute Expert Series is designed for busy individuals interested in acquiring an in-depth understanding of seminal works. The series offers detailed analyses, critical presentations of key ideas and their application, extensive reading lists for additional information, and contextual understanding of the work of leading authors. Designed as companions to the original works, the 30 Minute Expert Series enables readers to develop expert knowledge of important works ...in 30

minutes. As with all books in the 30 Minute Expert Series, this book is intended to be purchased alongside the reviewed title, *The Power of Now: A Guide to Spiritual Enlightenment*. Organized chronologically, starting with Buddha and ending with contemporary seekers, this book focuses on the moment of enlightenment in the lives of saints and masters that led to their witnessing divine reality. This wonderfully unique collaboration brings together two masters of their fields, joining original words by spiritual teacher Eckhart Tolle with delightful illustrations by Patrick McDonnell, the creator of the acclaimed comic strip MUTTS. Every heartwarming page provokes thought, insight, and smiling reverence for all beings and each moment. More than a collection of witty and charming drawings, the marriage of Patrick McDonnell's art and Eckhart Tolle's words conveys a profound love of nature, of animals, of humans, of all life-forms. *Guardians of Being*

celebrates and reminds us of not only the oneness of all life but also the wonder and joy to be found in the present moment, amid the beauty we sometimes forget to notice all around us. To make the journey into the Now we will need to leave our analytical mind and its false created self, the ego, behind. From the very first page of Eckhart Tolle's extraordinary book, we move rapidly into a significantly higher altitude where we breathe a lighter air. We become connected to the indestructible essence of our Being, "The eternal, ever present One Life beyond the myriad forms of life that are subject to birth and death." Although the journey is challenging, Eckhart Tolle uses simple language and an easy question and answer format to guide us. A word of mouth phenomenon since its first publication, *The Power of Now* is one of those rare books with the power to create an experience in readers, one that can radically change their lives for the better. For the first time

ever, bestselling author Eckhart Tolle brings the core of his teachings to children, ages 7 to 100. Beautifully illustrated and artfully expressed, this charming story will bring joy to children and their parents for decades to come. Milton, who is about eight years old, is experiencing bullying on the school playground at the hands of a boy named Carter. Because he is being picked on, Milton no longer enjoys going to school. In fact, he dreads each morning because of his fear of Carter. By discovering the difference between Then, When, and the Now, Milton is able to shed his fear of being bullied. Living in the Now, he no longer dreads encountering Carter--and this changes everything. Milton's Secret will not only appeal to the millions of adult readers of Tolle's other books, but also to any parent who wants to introduce their children to the core of Tolle's teachings: Living in the Now is the quickest path to ending fear and suffering. "A manifesto for the only kind of

future that promises sanity and the possibility of contentment. Bread and wine for the spirit." —Sam Keen, author of *Fire in the Belly* Originally published in 1981 and hailed as the "bible" of the simplicity movement by *The Wall Street Journal*, Duane Elgin's classic *Voluntary Simplicity* has been completely revised for our modern times. Elgin, who was honored in 2009 by *The Ecologist*, the U.K.'s leading environmental magazine, as one of ten important "visionaries," offers a path "Toward a Way of Life That is Outwardly Simple, Inwardly Rich." *Voluntary Simplicity* has already changed the lives of thousands of people. This new edition will profoundly influence countless more with its powerful, timely message of balance, frugality, and ecological awareness. **NEW YORK TIMES BESTSELLER** • From one of the world's most influential spiritual thinkers, a long-awaited book exploring what it means that Jesus was called "Christ," and how this forgotten truth can restore

hope and meaning to our lives. “Anyone who strives to put their faith into action will find encouragement and inspiration in the pages of this book.”—Melinda Gates In his decades as a globally recognized teacher, Richard Rohr has helped millions realize what is at stake in matters of faith and spirituality. Yet Rohr has never written on the most perennially talked about topic in Christianity: Jesus. Most know who Jesus was, but who was Christ? Is the word simply Jesus’s last name? Too often, Rohr writes, our understandings have been limited by culture, religious debate, and the human tendency to put ourselves at the center. Drawing on scripture, history, and spiritual practice, Rohr articulates a transformative view of Jesus Christ as a portrait of God’s constant, unfolding work in the world. “God loves things by becoming them,” he writes, and Jesus’s life was meant to declare that humanity has never been separate from

God—except by its own negative choice. When we recover this fundamental truth, faith becomes less about proving Jesus was God, and more about learning to recognize the Creator’s presence all around us, and in everyone we meet. Thought-provoking, practical, and full of deep hope and vision, *The Universal Christ* is a landmark book from one of our most beloved spiritual writers, and an invitation to contemplate how God liberates and loves all that is. ARE YOU READY TO CHANGE YOUR LIFE? . . . DISCOVER THE LIFE-CHANGING BOOK FROM THE MULTI-MILLION COPY BESTSELLER OF THE POWER OF NOW 'A wake-up call for the entire planet. A New Earth helps us to stop creating our own suffering and obsessing over the past and what the future might be and to put ourselves in the now' OPRAH WINFREY 'My No. 1 guru will always be Eckhart Tolle' CHRIS EVANS THE BOOK THAT INSPIRED THE CHART-TOPPING PODCAST OPRAH &

ECKHART TOLLE: A NEW EARTH _____ Do you feel unhappy or unfulfilled? Tired and stressed? Lacking focus and energy? Then you need Eckhart Tolle's A New Earth. In this ground-breaking classic, he gives you the spiritual framework to: - Understand yourself better - Manage, manifest and achieve your goals - Reach your full potential - Channel conflict into something positive - Change negative habits - Live in the moment Open your mind and follow Eckhart Tolle's guidance to happiness and health in the modern world. A New Earth is waiting for you. _____ 'Life-changing' Caroline Hirons 'I'm gonna have to listen to [this podcast] several times! Too good!' Fearne Cotton on the 'Oprah and Eckhart Tolle: A New Earth' podcast 'This book changed my life. It's a brilliant and very practical spiritual guide that teaches the way to inner peace: how to live in the moment and get beyond the ego' Santa Montefiore, bestselling author of The Secret Hours The essential

companion volume to the phenomenal self-help bestseller THE POWER OF NOW - 'the must-read bible du jour'. Eckhart Tolle's book describes the experience of heightened consciousness that radically transformed his life - and shows how by living in the moment we can also reach a higher state of being where we can find joy and peace and where problems do not exist. The invaluable companion volume - PRACTISING THE POWER OF NOW - contains all the essential techniques we need to start to put this important book into practice in our own lives. No reader will be complete without it. What does it mean to be enlightened or spiritually awakened? In The Leap, Steve Taylor shows that this state is much more common than is generally believed. He shows that ordinary people — from all walks of life — can and do regularly “wake up” to a more intense reality, even if they know nothing about spiritual practices and paths. Wakefulness is a more

expansive and harmonious state of being that can be cultivated or that can arise accidentally. It may also be a process we are undergoing collectively. Drawing on his years of research as a psychologist and on his own experiences, Taylor provides what is perhaps the clearest psychological study of the state of wakefulness ever published. Above all, he reminds us that it is our most natural state — accessible to us all, anytime, anyplace. You've heard of the "Great Books"? These are their evil opposites. From Machiavelli's *The Prince* to Karl Marx's *The Communist Manifesto* to Alfred Kinsey's *Sexual Behavior in the Human Male*, these "influential" books have led to war, genocide, totalitarian oppression, family breakdown, and disastrous social experiments. And yet these authors' bad ideas are still popular and pervasive—in fact, they might influence your own thinking without your realizing it. Here with the antidote is Professor Benjamin Wiker. In his scintillating new

book, *10 Books That Screwed Up the World (And 5 Others That Didn't Help)*, he seizes each of these evil books by its malignant heart and exposes it to the light of day. "A new method for reading the tarot. Using almost any tarot deck and a memory from their past, readers can gain understanding of their present and insight into their future"— Provided by publisher. A thought-provoking, original appraisal of the meaning of religion by the host of public radio's *On Being* Krista Tippett, widely becoming known as the Bill Moyers of radio, is one of the country's most intelligent and insightful commentators on religion, ethics, and the human spirit. With this book, she draws on her own life story and her intimate conversations with both ordinary and famous figures, including Elie Wiesel, Karen Armstrong, and Thich Nhat Hanh, to explore complex subjects like science, love, virtue, and violence within the context of spirituality and everyday life. Her way of speaking about the mysteries

of life-and of listening with care to those who endeavor to understand those mysteries-is nothing short of revolutionary. A heartwarming collection of short verse celebrating our beloved pets and the wonder of life Daniel Ladinsky is the internationally acclaimed poet known for his inspired, contemporary renderings of works by Hafiz, Rumi, St. Francis of Assisi, and poet-saints East and West. Patrick McDonnell is the venerated author, artist, and creator of the beloved MUTTS comic strip. In *Darling, I Love You!* these two artists have collaborated for the first time to create a delightful, universal collection of sweet, welcome-to-the-moment poems about the essential places animals and wonder hold in our lives and in our hearts, accompanied by line drawings of the illustrious MUTTS characters that readers have come to know and love. "Pet owners will chuckle knowingly about the way the speakers shift between simple observations and deeper statements . . . that

remind us why humans need animals as much as they need us." —The Washington Post

The 10th anniversary edition of *A New Earth* with a new preface by Eckhart Tolle. With his bestselling spiritual guide *The Power of Now*, Eckhart Tolle inspired millions of readers to discover the freedom and joy of a life lived "in the now." In *A New Earth*, Tolle expands on these powerful ideas to show how transcending our ego-based state of consciousness is not only essential to personal happiness, but also the key to ending conflict and suffering throughout the world. Tolle describes how our attachment to the ego creates the dysfunction that leads to anger, jealousy, and unhappiness, and shows readers how to awaken to a new state of consciousness and follow the path to a truly fulfilling existence. Illuminating, enlightening, and uplifting, *A New Earth* is a profoundly spiritual manifesto for a better way of life—and for building a better world. **THE POWER OF NOW** has proved to

be one of the greatest spiritual books written in recent times. It contains a power that goes beyond words, and it can lead us to a much quieter place beyond our thoughts, a place where our thought-created problems dissolve, and we discover what it means to create a liberated life.

Throughout, there are specific practices and clear keys that show us how to discover for ourselves the grace, ease and lightness that come when we simply quieten our thoughts and see the world before us in the present moment.

PRACTICING THE POWER OF NOW is a carefully arranged series of excerpts from THE POWER OF NOW that directly give us those exercises and keys. Read this book slowly, or just open it at random, reflect on the words, reflect even on the space between the words, and maybe over time, maybe immediately you will discover something of life-changing significance. You will find the power, the ability to change and elevate not only your life, but your world as well. It is in

your hands. Discover THE POWER OF NOW. An introduction to the nondenominational spiritual master author's transformative concepts explores such topics as the state of stillness, the pursuit of enlightenment, and the compulsions that shape conscious experiences. By the author of The Power of Now. Presents author-selected inspirational passages from "A New Earth" enhanced by commissioned artwork. Our children can be our greatest teachers. Parenting expert Susan Stiffelman writes that the very behaviors that push our buttons — refusing to cooperate or ignoring our requests — can help us build awareness and shed old patterns, allowing us to raise our children with greater ease and enjoyment. Filled with practical advice, powerful exercises, and fascinating stories from her clinical work, Parenting with Presence teaches us how to become the parents we most want to be while raising confident, caring children. "Shows parents how

they can transform parenting into a spiritual practice.” — Eckhart Tolle, author of *The Power of Now* “Clear, wise, soulful, and poetic.” — Alanis Morissette New York Times bestselling author Eckhart Tolle — Learn the transformative power of living in the now Attaining Eckhart Tolle’s state of presence: In *Stillness Speaks*, Eckhart Tolle illuminates the fundamental elements of his teaching, addressing the needs of the modern seeker by drawing from all spiritual traditions. At the core of the book is what the author calls “the state of presence,” a living in the ‘now’ that is both intensely inspirational and practical. The power of now: When the pressures of future and past thinking disappear, fear and frustration also vanish, conquered by the moment. *Stillness Speaks* takes the form of 200 individual entries, organized into 10 topic clusters that range from “Beyond the Thinking Mind” to “Suffering and the End of Suffering.” Each entry is concise and

complete in itself, but, read together, take on a transformative power. If you have read *The Untethered Soul* by Michael Singer, *Buddha’s Brain* by Rick Hanson, or other Eckhart Tolle books such as *The Power of Now*, you will want to own and read *Stillness Speaks*.

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- [The Leap](#)
- [A New Earth](#)
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